

Frequently Asked Questions

- **What is involved?**

Digital dermoscopy imaging will make a complete record of your skin and lesions - a process that isn't painful, invasive or harmful in any way. The MoleSafe procedure will require removal of your outer clothing, although you will be provided with a patient gown to wear throughout the procedure. The initial full-body procedure and consultation is typically one hour. A range of follow-up appointments are available for spot checks and full re-imaging.

- **What happens to my MoleSafe records?**

MoleSafe data is stored on a secure central database, which is used by all MoleSafe centers worldwide. That means your follow-up examination or spot checks can be performed in any of the states or countries we operate in. On special request, we can also provide your records on CD, if you wish to monitor your moles yourself or have your doctor review your melanogram.

- **How often do I need to come?**

Ideally we'd like to see you a year after your first appointment. After your first MoleSafe procedure, we'll send you a reminder letter depending on your assessed risk.

- **What if a lesion or mole becomes suspicious between appointments?**

Once included in the MoleSafe melanoma screening database, you can have Spot Checks at any time between appointments. It's important to have any new or changing moles assessed as soon as possible, so we recommend that you take advantage of this service if you're ever worried. Remember, early detection leaves nothing to chance.

Map out your body's future

Melanoma is deadly. Many Americans, especially those of European descent, are at risk. Through new technology, MoleSafe greatly assists in the early detection and intervention of melanoma, leaving nothing to chance.

**A new form
of skin protection
that leaves nothing
to chance**

MoleSafe
of Central Jersey

early detection avoids the risk of melanoma

Call 1.877.MOLESAFE (665.3723)

for more information or to schedule an appointment.

www.molesafe.com

*The full circle of health and wellness
dedicated to excellence.*

 **CentraState**
Medical Center

Star and Barry Tobias Health Awareness Center
Suite 100
Freehold, NJ 07728

(732) 308-0570

www.centrastate.com/molesafe

MoleSafe
of Central Jersey

 **CentraState**
Medical Center

Every year more than 1 million Americans are affected by skin cancer and every hour an American will die from melanoma, the most lethal form of skin cancer. Fortunately, melanoma is nearly always curable if detected at an early, and therefore treatable, stage. And that is where MoleSafe can help.

What is MoleSafe?

MoleSafe is a worldwide service that uses a new technology developed in conjunction with leading experts in the field of melanoma. MoleSafe can help detect melanoma at an early, and therefore treatable, stage.

The process begins with a comprehensive full-body checkup to assess your skin, using digital imaging and dermoscopy scans to produce a digital melanogram. This melanogram is then examined and diagnosed by a MoleSafe dermatologist. Regular follow-up examinations refer to your stored melanogram and allow comparisons of the scans over time, detecting any problems at an early stage.



Capturing an in-depth image in the dermoscopy mode.



Recording the images and data for dermatologist diagnosis.

MoleSafe's diagnosis can be more accurate than a regular clinical inspection. This means there's less guesswork over time. We will detect important sub-surface features and changes in existing moles as well as the appearance of any new moles or lesions. MoleSafe's accuracy can help in reducing unnecessary excision by providing another opinion before you have a lesion removed.

What does a MoleSafe procedure involve?



High-resolution image of mole.



Dermoscopy image of the same mole.

A MoleSafe procedure is conducted by a trained melanographer who examines you from head to toe, taking a combination of high resolution clinical and dermoscopy images of different sections of your body.

This gives an accurate record of the distribution and locations of lesions, linked with individual diagnostic images, as well as your overall skin condition – the MoleSafe melanogram. We will also assess your relevant risk factors and skin history, and teach you about your skin and what to look for between visits.

How is a MoleSafe melanogram analyzed?

After your examination, your digital melanogram, including your records, is sent via a secure network to our MoleSafe central melanoma screening database and reviewed by MoleSafe's international panel of melanoma dermatologists for assessment and diagnosis. A report is then prepared for you and your doctor, which includes:

- Comments and recommendations for the treatment or monitoring of suspicious lesions
- Printouts of lesions requiring treatment
- A general melanoma risk rating

- A recommended MoleSafe follow-up program

Your digital melanogram is then archived until your next visit.

Who benefits from a MoleSafe examination?

Melanoma is most common in people of European descent, especially those with fair skin. The American Academy of Dermatologists recommends that people with many moles, odd-looking moles, or a personal or family history of melanoma have regular skin checks, and that is where MoleSafe can help.

You should also consider a MoleSafe examination if you have used sun beds, spend time in the sun or were sunburnt frequently when younger. One serious incidence of sunburn as a child can double melanoma risk later in life.

What steps can be taken to prevent melanoma?

Exposure to sunlight is the leading cause of skin cancer.

So always wear sunscreen of SPF30 or more, complemented by a hat and light clothing, when you're in the sun. If you have children, remember that it's important to protect their skin too.

Skin cancer and melanoma are more treatable when caught early, so make sure you also examine your body regularly.

If you happen to spot changes in skin pigmentation, non-healing scabs or sores, new moles or moles that change appearance, seek immediate medical advice either from your physician or through the MoleSafe information line.



MoleSafe
of Central Jersey
early detection avoids the risk of melanoma
1.877.MOLESAFE